

Shiftwork

Phrased, 2 wall, beginner/intermediate social cha
Choreographer: Aggie Marler (Jan 2008)
Choreographed to: Shiftwork by Kenny Chesney &
George Strait, CD: Just Who I Am: Poets &
Pirates

Sequence: AA TAG A A (1-16) TAG A TAG AA A (1-16) TAG A TAG AA A (1-8) TAG A to the end

PART A

ROCK, RECOVER, SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT

- 1-2 Cross rock right diagonally over left, recover to left
- 3&4 Shuffle to the right (right-left-right)
- 5-6 Cross rock left diagonally over right, recover to right
- 7&8 Shuffle to the left (left-right-left)

ROCK, RECOVER, SIDE, ¼ RIGHT 2X, ROCK, RECOVER, SIDE

- 1-2-3 Cross rock right diagonally over left, recover to left, step side on right
- 4-5 Turn ¼ to right step left forward, turn ¼ to right step side on right
- 6-7-8 Cross rock left diagonally over right, recover to right, step side on left

ROCKING CHAIR, 1/8 LEFT 2X

- 1-2 Rock forward on right, recover to left
- 3-4 Rock right back, recover to left
- 5-6 Step forward on right, turn 1/8 left, step on left (roll hips)
- 7-8 Step forward on right, turn 1/8 left, step on left (roll hips)

ROCKING CHAIR, ½ LEFT, ¼ LEFT

- 1-2 Rock forward on right, recover to left
- 3-4 Rock right back, recover to left
- 5-6 Step forward on right, turn ½ left and step on left
- 7-8 Step forward on left, turn ¼ left and step side on left

TAG

½ turn left & stomp right (keep weight on left), ½ turn right and stomp 2x (right, left), ½ turn right and stomp 3x (right, left, right), wiggle and/or twist hips, then restart dance at beginning

SIMPLIFIED TAG

For beginners or if you miss the first turn: stomp forward right (keep weight on left), stomp side 2x (right, left), ½ turn right and stomp 3x (right, left, right), wiggle and/or twist hips, then restart dance at beginning
For the calypso/cha feeling emphasize the "1" & "5" beats

Music download available from iTunes
